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(54) Title: ALTERED STATES OF CONSCIOUSNESS IN VIRTUAL REALITY ENVIRONMENTS

(57) Abstract: A device which induces altered states of consciousness by hypnosis, guided imagery, mediation or relaxation in a virtual reality environment. The embodiment discloses placing an audio visual headset on a subject, connecting this to a compact portable DVD player and then playing a short DVD movie so that the subject is placed into a relaxed state and ultimately drawing them into a deep state of hypnosis.

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